

Anxiety Is Holding Students Back

I help educators to *Move Them Forward*

GOVERNMENT SCHOOLS PRINCIPALS CONFERENCE

EMPOWERING ANXIOUS STUDENTS FOR CLASSROOM EXCELLENCE

Scan the QR code to access the full workshop summary and extra tools to support staff in the classroom.



A former secondary teacher, Dr. Jodi Richardson supports educators, parents and students around Australia to manage anxiety and amplify wellbeing:

- Speaker and Educator
- Best-Selling Author of 'Anxious Kids'
- Host of the 'Well, hello anxiety' podcast
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